

# National Domestic Violence Hotline And National Sexual Assault Hotline

To get immediate help and support  
call the [National Domestic Violence Hotline](#)  
at 1-800-799-SAFE (7233)

NDVH is a nonprofit organization that provides crisis intervention, information and referral to victims of domestic violence, perpetrators, friends and families. Help is available to callers 24 hours a day, 365 days a year. Hotline advocates are available for victims and anyone calling on their behalf to provide crisis intervention, safety planning, information and referrals to agencies in all 50 states, Puerto Rico and the U.S. Virgin Islands. Assistance is available in English and Spanish with access to more than 170 languages through interpreter services. If you or someone you know is frightened about something in your relationship, please call the National Domestic Violence Hotline at 1-800-799-SAFE (7233) or TTY 1-800-787-3224.

or the [National Sexual Assault Hotline](#)  
at 1-800-656-4673.  
You can also visit the  
[National Sexual Assault \*Online\* Hotline](#).

The National Sexual Assault Hotline, sponsored by Rape, Abuse and Incest National Network (RAINN), can be reached 24 hours a day, 7 days a week at 800-656-4673. When you call, you will hear a menu and can choose #1 to talk to a counselor. You will then be connected to a counselor in your area.

At any given moment, more than 1,100 trained volunteers are on duty and available to help victims at RAINN-affiliated crisis centers across the country. A computer notes the area code and first three digits of the caller's phone number. The call is then instantaneously connected to the nearest RAINN member center. If all counselors at that center are busy, the call is sent to the next closest center. The caller's phone number is not retained, so the call is anonymous and confidential unless the caller chooses to share personally-identifying information.

Another useful link:

[National Coalition Against Domestic Violence](http://www.ncadv.org)  
<http://www.ncadv.org>