

NORTH CAROLINA SYNODICAL WOMEN'S ORGANIZATION

www.ncwelca.org

APRIL BULLETIN 2010

"The Lord is God. He made us, and we belong to him; his people, the sheep he tends."

(Psalm 100:3)

Dear Sisters in Christ,

Wow! This is such a busy time of the year for the NC Women of the ELCA. The SWO board members and their committees are putting plans in to place for the SWO Gathering to be held June 11-13, 2010 at Lenoir-Rhyne University, Triangle conference has held their Spring Gathering; the other conferences leaders are working on agendas for their Spring Gatherings; congregational expression hosts for the Spring Gatherings are preparing decorations and meal plans; there is a Spring Retreat happening, and somewhere in all of this we traveled our Lenten journey preparing us for Easter. Not a problem – right. It isn't a problem if we believe what the Psalmist tells us. *"...He made us, and we belong to him..."*

Please make plans to attend the Spring Gathering and the Annual Gathering events. Lots and lots of work have gone into each event and the best way that we can say thank you to our volunteers is with our presence.

• **Spring Conference Gatherings:**

- **Offering Designation:** *NC Costa Rica Companion Synod Task Force* – the proceeds will help to fund seminary education for Cristina Mora Ramirez. (See attached bulletin stuffer.)
- **Pennies for Lutheran Family Services:** With all the cuts at the Synod level the Lutheran agencies are struggling to keep their staff and programs in place. Our pennies will help LFS's array of services to reach out to children in crisis, adults with special needs, refugees and individuals and families at risk of becoming homeless. But beyond just providing services, it is the mission of LFS to provide connections. By remaining connected to God's work in the world, all of our lives bear fruit.
- **Schedule of Spring Gatherings:** Check the website or last month's bulletin for the date and location of your conference spring gathering. Please support your conference with your presence and **BRING A FRIEND WITH YOU**. The program, Sisterhood, was put together by the Directors for Communication and the Treasurer's Assistants. You don't want to miss this excellent program.

• **Help us keep our records current.** Send all your updates to our Secretary, Kiana Sinz. (See her article.)

• **Twenty-third Annual NC Synodical Women's Gathering, June 11-13, 2010:**

- **Linda Post Bushkofsky**, Executive Director of the Churchwide Women of the ELCA will be the Keynote Speaker. (See article attached.)
- **Charlene Spillman**, the Vice President of the Churchwide Executive Board will be our CWO Representative. **Rev. Jenni Zuma** will be our Chaplain.
- **Delegate Responsibilities:** Registration Deadline April 26, 2010 – Delegate Information Form attached (Registration forms are on the website and were in the March bulletin.) Please send a delegate from your congregational unit. Last year we had 99 delegates – our potential is almost 200. Where were the rest of you??

- **Submitting Resolutions:** Resolutions are your voice. They provide for the vision and direction of our organization. If you have an area of concern that you feel needs to be addressed, a resolution is a way of requesting action and beginning discussion and deliberation (See the website for instructions on how to submit a resolution.)
 - **Sunday Worship Singers:** We will have a choir for the Sunday worship service. No robes required just come with your voices.
 - **T.G.I.F. (Teens Gathering in Faith) available for girls ages 15-19 and T.A.G.G (totally Awesome Groupies for God) ages 11-14** – be sure to register your “teen” for these special programs. Deadline is May 10, 2010. Registration Form on the website and in the March bulletin.
 - **Visitors:** The visitor’s registration forms are due May 10, 2010. The fee for “Late Bird” registrations is \$150.00 for those registering after March 15th. Please aid us in our planning and register on time. We will be using Living Learning Center and Isenhour for housing this year.
- **Mission – Action:**
 - **Health and healing** – read the stories of two women who found health and healing in the attached article.
 - **See final tally of items** shipped to LWR in November. (Attached).
 - **Mission - Community:**
 - **April Tidbits:** Read about the many ministry opportunities available in the coming month. April is Child Abuse Awareness Month. Learn more about Rachel’s Day. (See attached.)
 - **Mission - Growth:**
 - **Spring Retreat – Mary Women of Strength Leads Us to the Fountain**, April 9-11, 2010. There is still time to register. (See attached article)
 - **Fall Retreat – Sister take my hand, Dance with me!** – November 12-14, 2010 at Lutheridge. Registration brochure is attached.
 - **Gathering Planning:** Do you have your registration in? Is your delegate registered? See Krickett and Kathy’s article attached.
 - **Important Reminders:**
 - **Special Dates:**
 - Delegate Registration for the Annual Gathering, June 11-13, 2010 due April 26, 2010.
 - Visitor/T.A.G.G./T.G.I.F. registrations due May 10, 2010. (Forms available in the March Bulletin and on the website www.ncwelca.org.)
 - March 20th – May 8th - Spring Gatherings. Check the calendar on the enclosed for your conference date.
 - Patterson Memorial Scholarship applications due May 1st.

Hope you enjoy your Spring Gathering...Sisterhood.

Sister take my hand...come to the fountain...dance with me...let us serve together - reach out and touch the future.

Peace,

Cathy Sell

NC Women of the ELCA President

CALLED
TO

ACTION

You shall worship the Lord your God and I will bless your bread and your water, and I shall take sickness away from among you.
– Exodus 23:25

Two Women of the ELCA share their stories of health and healing.

I was diagnosed with diabetes quite by accident. My sister-in-law who was a diabetic was checking her blood sugar one morning before breakfast. For some unknown reason, I asked her to check mine. Since we had not had breakfast, it would be a fasting blood sugar count. What a shock to discover that mine was quite high for this type of count. I called my doctor the next morning and went in for another testing. That too was high. I started out with one pill per day. I am still on one pill a day at a higher dosage. I am a Type 2 diabetic. My A1C is 6.4. Anything below 6.5 is normal. My diabetes is in control! I know that my paternal grandmother and my maternal aunt were diabetic. Your gene pool does play a part in this.

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It has been about two years since I felt a tingling sensation and a blistery rash appeared on the lower left side of my back. It was uncomfortable, itchy and started to spread toward the front of my body. I went to the Doctor and he told me I had Shingles. I am sure that most of you know that Shingles are Chicken Pox that has been dormant in the nerve endings, mine for many years (since I was a child). I found out later that it runs along the nerve and circles one side of the body. I was given a shot and it started to dry up and stop from hurting.

What is . . .

Diabetes? Diabetes means your blood glucose (sugar) is too high. Your blood always has some glucose in it because the body uses glucose for energy. If not controlled, diabetes can lead to blindness, heart disease, stroke, kidney failure and nerve damage.

Shingles? Shingles is caused by the same virus that causes chickenpox. After an attack of chickenpox, the virus remains in the tissues in your nerves. It reactivates in about 10 percent of the people who have had chicken pox. People are at risk for shingles if they are over the age of 50, have been ill or have a weakened immune system (such as people with cancer or HIV), are experiencing trauma or are under stress.

What are the symptoms of . . .

Diabetes? Being very thirsty, urinating a lot, feeling very hungry or tired, losing weight without trying, having sores that are slow to heal, having dry, itchy skin, losing feeling in or having tingling in the hands or feet, having blurry vision, having more infections than usual.

Shingles? The symptoms are much what I have described above, but a rash can also occur on the forehead, cheek, nose and around one eye, which may threaten your sight unless you get prompt treatment.

What is the treatment for . . .

Diabetes? Sometimes, people are given a choice of diet and exercise before they are put on medication. If you have one or more of the symptoms above, see your doctor. If you are 45 years old, you should be tested and tested again every 3 years. If you are 45 years old and overweight you may want to be tested more often.

Shingles? There is no cure for shingles, but treatments for the condition can help ease the associated pain and discomfort and help the healing of the blisters and rash. Antiviral medications can ease discomfort and reduce the duration of symptoms if medication can be started within 72 hours of the first sign of shingles. Pain medications can also offer relief.

What can I do to prevent Diabetes?

The best way to prevent diabetes is to make some lifestyle changes. Maintain a healthy weight. Eat healthy and **GET MOVING**. Exercise is the key to a Healthy Life.

How are Shingles and Chickenpox different?

Although both shingles and chickenpox are caused by the same virus, you can only get shingles if you've already had chickenpox. Chickenpox has flu-like symptoms and covers your body in red, itchy blisters. Shingles is similar, but the blisters can only form above nerves infected by the virus. There are also more serious side effects associated with shingles, such as organ damage and post-herpetic neuralgia.

READY, SET, DO:

- 1) **Be screened for Diabetes, either at your doctor's office or at a public health clinic, held often in malls, drug stores, etc.**
- 2) **Ask your doctor about the Shingles vaccine if you have ever had chickenpox or if you aren't sure you had chickenpox.**
- 3) **Eat healthier foods, exercise more often, avoid stress, and keep God's temple as healthy as possible.**

MISSION COMMUNITY TIDBITS AND MORE
APRIL, 2010
CHILD ABUSE AWARENESS MONTH

- April is Child Abuse Awareness Month, are you praying for your congregation's children? Why don't you invite your area's Adult Saving Kid's Team to come to your church and give a program on how you can protect your children with building a wall of safety? Contact Alice Nelson (Mission ACTION) or Judy Gainey (Mission COMMUNITY) who can locate a trained leader who can help you.
- Is your church a SAFE HAVEN? To learn how it can be go to www.ncwelca.org and sign up to help your children in your church community.
- Rachel's Day established in 1994 is a day to mourn the loss of our children and to renounce forces of evil and fear that plague our nation. The Women of the ELCA recognize the first Sunday in May seeking to end violence in the lives of all God's children. The Scriptural test is Jeremiah 31: 15-17, which reflects Rachel's grieving for her children.

Following are a few suggestions on how you can observe Rachel's Day:

- Go online to www.womenoftheelca.org/resources for litanies and readings.
- Provide blue ribbons to be worn as symbols of HOPE.
- Prepare a bulletin that includes a litany or reading with congregational responses.
- Select passages from Luther's SMALL CATECHISM for parents, children, and young people in general.
- Discuss with pastor a time during the service for a special blessing of all the children and /or young people (perhaps following the Children's Sermon).
- Have children kneel at the alter and have their individual names read by mothers, grandmothers, or guardians (teens could stand at their pew).
- Include printed poems or prayers on back of handout such as "Children Learn What They Live" (Dorothy Law Nolte), "The Parent's Prayer" (Garry C. Myers), and "Children's Prayers" (Ina J. Hugh's).
- Request new or "gently used" stuffed toys to be donated to schools, fire departments, etc. to offer comfort to children who are abused, troubled, bereaved, or otherwise in need.
- Utilize hymns such as "Go My Children with My Blessing", "Children of the Heavenly Father", or Bless Them, O Lord"*
- Be attentive to children's needs, concerns and hopes. PRAY for children, parents, teachers, and those who provide care.

*"BLESS THEM, O LORD"

(Tune: "All Through the Night" p.543 ELW)

Words shared with permission of Loretta Beam –May, 2009

1. As our children safely gather, bless them, O Lord.
Here we lift them to the Father, bless them, O Lord.
Praying for God's care and keeping
As they're waking, while they're sleeping.
And surround with holy teaching, ev-er, we pray,
2. Grace and Peace from God the Father be unto you.
Love and mercy from Christ Jesus be unto you.
May God's gracious, guiding Sprit
Be the gift you each inherit
As you claim the Joy we share in,
Thanks be to God!

Submitted by Glennie Beam,

Mission: Community Committee

- In keeping with our Theme on serve to our community by time, talent, earthy treasures to encourage women to walk, dance, and work together to welcome the Kingdom of God. Here is what St. James Lutheran Church; Fayetteville, NC is doing for their community.

DO YOU KNOW YOUR SCHOOL?

Over the years our church, St. James Lutheran, has partnered with elementary schools in our area, to provide support in areas of need. The ideas came from educators in our church, and we chose the school by the numbers of students on “Free lunch”. This information is normally a part of public domain, published in the local newspaper. This means most of the poor socio-economic schools in your area, will be the schools that need you. The principals, social workers, or counselors of these schools have been most helpful in supplying an idea of what they felt the students could most use. Don’t go with your own ideas of what you think they could use, ask the folks that are with the students every day. One thing we found was that sometimes when we tried to come up with a list of what different places needed, we were often very wrong. The congregation is so generous but it’s important, I think, to ask them to give things that are really needed. The items we have collected from our generous congregation and taken to schools have been; quilts, book bags, pens, pencils, notebook paper, socks, underwear, gloves, toiletries, and classroom supplies for the teacher, i.e. Kleenex, hand sanitizers. Our county publishes a booklet called “Family Focus”. This booklet has just about every charitable organization in Fayetteville listed. It is surprising at the number of organizations that help the needy. So if the school isn’t your cup of tea, there are other areas of need. Most of the organizations seem to always be ready with ‘wish lists’ of things they really need. Of course, ideas always come from brainstorming with your Social Ministry Team.

Submitted by Tonie Neal

Mission: Community Committee

- The North Carolina Women of the ELCA Rainbow Scholarship is looking for NC women seminarians to receive the scholarship for 2010-2011. If you know of a woman seminarian who needs scholarship money, please pass this information on to them. They have all received the application, but may be pushed to return the application by April 1st. Gelene Lineberger, 556 Royalty Court, Gastonia, NC. 28054 is waiting to receive applications. The amount of the scholarship will be included when the recipients are notified. We will accept an application from any Lutheran Seminary.

Submitted by: Gelene Lineberger for Mission: Community Committee

MISSION GROWTH - APRIL

Prayer for April:

Almighty God and Father,

Humbled by the sacrificial death of your son Jesus on the cross, help us to live a life worthy of this boundless love. Let us reflect the joy that comes from the knowledge of your saving grace and mercy. Our smiles have the power to bring healing, comfort, and peace. Let us remember to share our Easter smiles generously throughout the year.

Amen

By Donna Prunkl (Mission Growth)

Prayer for Earthquake survivors:

Dear Lord, when the earth moves and shatters homes, dreams, and lives, move us to reach out with hearts and hands to move mountains and to restore hope and health to the hopeless.

Amen

By Donna Prunkl (Mission Growth)

FINAL REMINDER:

Spring Retreat deadline is March 27. This may be too late for your April Bulletin but remind your ladies any way you can. Don't miss this weekend at Kure Beach on April 9-11, 2010. Find brochures in previous bulletins.

Fall Retreat brochure is attached. Please see that it reaches your circles so they can plan for this exciting fall adventure in dance. **"Sister take my hand. Dance with me!" November 12-14, 2010 at Lutheridge**

To: The congregations of the NC Synod of the ELCA

From: Rachel T Price

Date: March 8, 2010

Re: Lutheran World Relief Collections

<u>Location</u>	<u>Cases</u>	<u>Pounds</u>	<u>Cost</u>
Asheville	161	3588	\$899.20
Charlotte	48	1206	\$307.58
Dallas	72	1488	\$223.28
Hickory	355	3000	\$100.00
Jacksonville	39	719	\$202.83
Raleigh	242	4922	\$567.99
Salisbury	120	2467	\$291.26
Winston-Salem	33	300	\$ 64.33

These 1050 cartons (weighing about 17,959 pounds) were taken to the LWR warehouse in New Windsor, MD. Many thanks to the coordinators at the eight drop-off sites for another great job well done! They were Eileen Cram, Sandra Taylor, Gail Summey, Joe Rhyne, Pastor Randall Cauble, Sherry Eroclanese, Peggy Koehler, Lois Jean Query, Betty Hunt and Phyllis Still. A very special thanks also to Tom Elliott at Estes in Conover for giving us reduced rates of 70%. FANTASTIC!

The Synod has found itself in a different situation this year. It has had to reduce its expenditures because of a decrease in contributions from the churches across N.C. The total cost of the pickups from the eight churches was \$2,656.47. The Synod sent a check for \$1,500.00 to the Synodical Women of the ELCA, advising them that this is what they could pay this year. The remaining amount was paid from the NC Women of the ELCA treasury. In addition, the synod will have NO funds to help with this project next year so start thinking about new ways to pay for the shipping. We had a great year with LWR collections. Thanks for all your help!!!

The Gathering Planning Committee Needs Your Help!

You know we are trying to be good stewards of ALL our resources, so please get your registration forms mailed soon!

We use those registration numbers to help determine exactly how many GPR's (Gathering Program and Reports Booklet) to print and how many supplies to purchase for the Welcome Packets. The printing and supply costs can be better managed when we have all the registrations by the deadlines.

Also, the sooner your register, the more likely you will get your housing choice!

If you register after the deadlines, we will still accept the registration, but please be aware that we can't guarantee that you will receive all the materials. (Meal tickets, yes. GPR... maybe.)

Reminder! Check In begins at Noon and Delegate Orientation will begin promptly at 3PM. This means that delegates need to plan to be there early.

Saturday Night - Live! – This is developing into a true variety show! Skits and a bit of stand-up comedy have been added. So...be prepared to sing along with the musicians and possibly learn a dance or two (or laugh at those of us who are trying to learn one...) and just enjoy a casual and fun filled evening. Live at the Centrum!

Snippets to remember:

- Our Keynote Speaker will be Linda Post Bushkofsky, Executive Director of Women of the ELCA
- Pastor Jenni Zima from will be our Chaplain
- Our CWO Representative will be Charlene Spillman.
- We will be meeting in Belk Centrum this year – not the Auditorium
- Awareness Sessions will be easier to get to since they will be in the same building

The Gathering Planning committee is excited about the changes planned for this year. Come join us so you can tell us what you think!

JUST A REMINDER

With the elections for Director for Communications and Treasurer Assistants at the Spring Gatherings please send me their information ASAP. I will need this information so I can update our Conference Leaders list for the Gathering Planning Resource (GPR) for the Annual Gathering in June. I would like for either the Presiders or Board Liaison to email me the information the same weekend of your gathering. If you have any questions please let me know. Thank you ahead of time for your help with this.

Kiana Sinz
Secretary

**Women of the EVANGELICAL LUTHERAN CHURCH IN AMERICA
NORTH CAROLINA SYNODICAL WOMEN'S ORGANIZATION**



June 11-13, 2010

Lenoir-Rhyne University, Hickory, NC

Registration due April 26, 2010.

DELEGATE REGISTRATION FORM

North Carolina Women of the ELCA Gathering 2010 ~ Sister Take My Hand...

Delegate's Name _____ Telephone _____
 Address _____ Email _____
 City _____ Zip _____
 Congregation _____ Conference _____
 Church City _____
 Roommate _____ Dorm Preference _____ Living Learning Center
 _____ Isehour _____ None

Check here if this will be your 1st SWO Gathering _____.

Complete the following if your child, T.A.G.G. or T.G.I.F. will be staying with you:

CHILD CARE FOR AGES 2 -10 will be available during the Business Sessions Friday and Saturday.

Child's Name: _____ Age: _____ (There is no lodging charge for children under 6.)

"T.A.G.G." Name _____ "TGIF" Name _____

**T.A.G.G. (Totally Awesome Groupies for God) ages 11-14 and
 T.G.I.F. (Teens Gathering in Faith) available for girls ages 15-19.** (You must complete a T.A.G.G. /T.G.I.F. registration form.)

Check here if you need 1st floor because of a physical condition _____ If you have any special dietary needs,
 Check here if you need a sign language interpreter for the gathering _____ please check here and note on the back. _____
 Check here if you would be willing to sing in the choir (There is no pre-registration) _____ (Sunday morning worship, only.)

ROOMMATES MUST MAIL REGISTRATIONS TOGETHER!

ENTIRE WEEKEND (\$150.00 - lodging included)	\$ _____
SATURDAY ONLY (Registration and Lunch) (\$40.00)	\$ _____
SATURDAY ONLY (Registration, Lunch & Dinner) (\$50.00)	\$ _____
COMMUTER (Registration and five (5) meals) (\$75.00)	\$ _____
CHILD'S LODGING (Ages 6 -10) (\$40.00)	\$ _____
CHILD'S MEALS (5) ages 2-10 if applicable – (16.00)	\$ _____
TOTAL	\$ _____

REFUNDS will only be made if extenuating circumstances occur and only after written request to the SWO Treasurer and approval by the SWO Board. Refund requests must be received in writing or via e-mail by **June 25**. **NON-REFUNDABLE REGISTRATION FEE (\$20.00).**

A check for the correct amount must be included. Make check payable to NC Women of the ELCA.

**Mail To: Jean Beaver, 1963 13th Street NE, Hickory, NC 28601
 (828-327-2490) jean.beaver@lr.edu**

Amount Received _____ Date Received _____

**Women of the EVANGELICAL LUTHERAN CHURCH IN AMERICA
NORTH CAROLINA SYNODICAL WOMEN'S ORGANIZATION**



June 11-13, 2010 Lenoir-Rhyne University, Hickory, NC Registration due May 10, 2010
VISITOR REGISTRATION FORM

North Carolina Women of the ELCA Gathering 2010 ~ Sister Take My Hand...

Name _____ Telephone _____
Address _____ Email _____
City _____ Zip _____
Congregation _____ Conference _____
Church City _____
Roommate _____ Dorm Preference _____

Check here if this will be your 1st SWO Gathering ____ * Note: Dorm preference honored based on availability.
Complete the following if your child, T.A.G.G. or T.G.I.F. will be staying with you:

CHILD CARE FOR AGES 2-10 will be available during the Business Sessions Friday and Saturday.

Child's Name: _____ Age: _____ (There is no lodging charge for children under 6.)

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T.A.G.G. (Totally Awesome Groupies for God) ages 11-14 and

T.G.I.F. (Tweens Gathering in Faith) available for girls ages 15-19. (You must complete a **T.A.G.G./ T.G.I.F.** registration Form and return by May10.)

Check here if you need 1st floor because of a physical condition _____

Check here if you need a sign interpreter for the gathering _____

Check here if you would be willing to sing in the choir (There is no pre-registration) _____ (Sunday morning worship.),

ROOMMATES MUST MAIL REGISTRATIONS TOGETHER!

ENTIRE WEEKEND (\$150.00-lodging included)	\$ _____
SATURDAY ONLY (Registration and Lunch) (\$40.00)	\$ _____
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NORTH CAROLINA SYNODICAL WOMEN'S ORGANIZATION**



June 11-13, 2010

Lenoir-Rhyne University, Hickory, NC

Registration due May 10, 2010

**T.A.G.G (Totally Awesome Groupies for God)
T.G.I.F. (Teens Gathering in Faith)
REGISTRATION FORM**

North Carolina Women of the ELCA Gathering 2010 ~ Sister Take My Hand ...

TAGG or TGIF Name _____ Age _____
 Parent/Guardian Name _____ Telephone _____
 Address _____ Email _____
 City _____ Zip _____
 Congregation _____ Church City _____
 Conference _____
 Roommate _____ Dorm Preference _____

- TAGGs and TGIFs eat/sleep with their mothers while at the Gathering. I would like to stay in Living Learning Center with other moms and their TAGGs and TGIFs. Circle one: YES NO
- Registration is required by May 10, 2010.
- Absolutely NO walk-ins due to supplies that must be pre-purchased.
- This program will be offered for girls **11-19** years of age.
- Prearranged pick-up time
- List any health conditions that the adult staff will need to know _____
- List any allergies and specific medications the adult staff will need to know (You must provide meds)
- Would you be interested in singing in the Choir on Sunday morning? Circle one: YES NO
- Would you be interested in dancing during the Sunday Worship Service? Circle one: YES NO

ROOMMATES MUST MAIL REGISTRATIONS TOGETHER!

ENTIRE WEEKEND (\$150.00-lodging included)	\$ _____
SATURDAY ONLY (Registration and Lunch) (\$40.00)	\$ _____
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TOTAL	\$ _____

Refunds will only be made if extenuating circumstances occur and only after written request to the SWO Treasurer and approval by SWO Board. Refund requests must be received in writing or via email by June 25. **NONREFUNDABLE REGISTRATION FEE (\$20.00)**
 Check our website at www.ncwelca.org for additional information and updates for the 2010 Gathering.

A check for the correct amount must be included. Make check payable to NC Women of the ELCA.

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(828-327-2490) jean.beaver@lr.edu**

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Amount Received _____ Date Received _____

SPRING GATHERINGS 2010

CONFERENCE	LOCATION	DATE
Alexander/Iredell	St. Johns, Statesville	April 17 th
Blue Ridge	Holy Communion, Banner Elk	April 17 th
Cabarrus/Stanly	Holy Trinity, Mt Pleasant	April 17 th
Catawba	St. Timothy, Conover	April 17 th
Central	Grace Lutheran, Thomasville	April 10 th
Mecklenburg/Union	Holy Trinity, Charlotte	April 17 th
North Coastal	Good Shepherd, Goldsboro	April 24 th
Northern	Macedonia, Burlington	May 1 st
Rowan	Organ, Salisbury	April 17 th
Salem	Shiloh, Lewisville	April 17 th
Sandhills	Living Word, Laurinburg	May 1 st
Smoky Mountain	Good Shepherd, Brevard	April 24 th
South Coastal	St Paul, Wilmington	May 8 th
Southwestern	Cedar Grove, Vale	April 17 th
Triangle	Abiding Presence, Fuquay Varina	March 20 th